



Navigating the Adoption Process

Adopting a child can be a highly complex, time-consuming process. Your GuidanceResources Employee Assistance Program can help.

Our FamilySource® experts offer free, confidential guidance and other resources to help you navigate the ins and outs of adoption, parenting and family life. These services are provided at no cost to you and your household members and are available 24 hours a day, seven days a week online or by calling a toll-free number.

Here when you need us.

Call:

TTY: 800.697.0353

Online: [guidanceresources.com](https://www.guidanceresources.com)

App: GuidanceNowSM

Web ID:

Call anytime for concerns such as:

- Listings of local adoption agencies
- Understanding the adoption process
- Legal assistance with adoption laws
- Financial guidance on budgeting for a new child
- Confidential counseling, face-to-face, over the phone or online