

DIABETES MANAGEMENT PROGRAM

Healthier living made easier



Your health and the health of your family is important to Anthem Blue Cross and Blue Shield. With that in mind, the Diabetes Management program by Teladoc Health is offered **at no cost to you** so you can live your healthiest life and feel your best.

Tools and support, tailored to you:



Expert coaching

Coaches provide guidance and offer real-time support for out-of-range readings.



Unlimited strips

Get as many strips and lancets as you need, delivered right to your door.



A connected meter

The meter provides real-time tips and automatically uploads your blood sugar readings.

Get started today at no cost to you

Visit TeladocHealth.com/Register/MODINE
or call Teladoc Health Member Support at 800-835-2362.

To enroll in Teladoc Health, you must opt in to at least one program that Anthem Blue Cross and Blue Shield offers as a health benefit. You must also meet the health criteria for each program you wish to enroll in. If a Teladoc Health program is not offered by Anthem Blue Cross and Blue Shield, or if you do not meet the specific health criteria of that program, you will not be able to enroll.

Las comunicaciones del programa Teladoc Health están disponibles en español. Al inscribirse, podrá configurar el idioma que prefiera para las comunicaciones provenientes del medidor y del programa. Para inscribirse en español, llame al 800-835-2362 o visite TeladocHealth.com/Bienvenido/MODINE

Program includes trends and support on your secure Teladoc Health account and mobile app but does not include a tablet or phone.

This program is available to you and covered dependents (if applicable) with diabetes at no extra cost; it's part of your health benefits.

Anthem Blue Cross and Blue Shield is the trade name of: In Colorado: Rocky Mountain Hospital and Medical Service, Inc. HMO products underwritten by HMO Colorado, Inc. In Connecticut: Anthem Health Plans, Inc. In Indiana: Anthem Insurance Companies, Inc. In Georgia: Blue Cross Blue Shield Healthcare Plan of Georgia, Inc. and Community Care Health Plan of Georgia, Inc. In Kentucky: Anthem Health Plans of Kentucky, Inc. In Maine: Anthem Health Plans of Maine, Inc. In Missouri (excluding 30 counties in the Kansas City area): RightCHOICE® Managed Care, Inc. (RIT), Healthy Alliance® Life Insurance Company (HALIC), and HMO Missouri, Inc. RIT and certain affiliates administer non-HMO benefits underwritten by HALIC and HMO benefits underwritten by HMO Missouri, Inc. RIT and certain affiliates only provide administrative services for self-funded plans and do not underwrite benefits. In Nevada: Rocky Mountain Hospital and Medical Service, Inc. HMO products underwritten by HMO Colorado, Inc., dba HMO Nevada. In New Hampshire: Anthem Health Plans of New Hampshire, Inc. HMO plans are administered by Anthem Health Plans of New Hampshire, Inc. and underwritten by Matthew Thornton Health Plan, Inc. In 17 southeastern counties of New York: Anthem HealthChoice Assurance, Inc. and Anthem HealthChoice

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